

# Spring Methodology



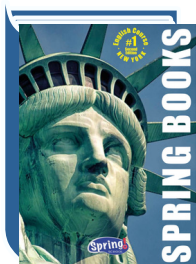
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# Purpose:

Our method has been carefully designed to guide you from beginner to intermediate level, with confidence and clarity.

Over the next **94 classes**, you won't just learn English – you'll live it, with meaning, purpose, and real support. And here's exactly how we'll help you get there.

From Zero to Real Communication – In Just 94 Lessons



# Mês 1 – Unidade 1: First Impressions

## Aula 1

- **Chapter:** Unit 1 – First Impressions
- **Grammar:** Verb “to be” – Affirmative (I am / You are...)
- **Warmer:** Getting to know each other – 2 truths and a lie
- **Main Lesson:** SB pp. 5-6 – Greetings, introductions, subject pronouns
- **Homework:** WB p. 6
- **Extra Activity:** Interview a classmate and introduce them to the group
- **Cooler:** “Name & gesture” memory game

## Aula 2

- **Chapter:** Unit 1 – First Impressions
- **Grammar:** Verb “to be” – Affirmative & Negative
- **Warmer:** Find someone who... (likes pizza, watches Netflix, etc.)
- **Main Lesson:** SB pp. 7-8 – Using “to be” in everyday sentences
- **Homework:** WB p. 7
- **Extra Activity:** Slide – fill-in-the-blanks with “to be”
- **Cooler:** Emoji guessing game with adjectives

## Aula 3

- **Chapter:** Unit 1 – First Impressions
- **Grammar:** Verb “to be” – Questions and Short Answers
- **Warmer:** Speed dating – Practice “What’s your name? Where are you from?”
- **Main Lesson:** SB pp. 9-10 – Forming questions and contractions
- **Homework:** WB p. 8
- **Extra Activity:** Song – Hello Goodbye (The Beatles)
- **Cooler:** Quick flash quiz

## Aula 4

- **Chapter:** Unit 1 – First Impressions
- **Grammar:** Verb “to be” – Nationalities, Review of forms
- **Warmer:** Pictionary – personal objects vocabulary
- **Main Lesson:** SB pp. 11-12 – Talking about countries and nationalities
- **Homework:** WB p. 9
- **Extra Activity:** Slide: match countries and nationalities
- **Cooler:** Students present their “ID card” to the class

# Mês 2 – Unidade 2: Daily Life

## Aula 5

- Chapter: Unit 2 – Daily Life
- Grammar: Present Simple – Affirmative (I/You/We/They)
- Warmer: Word Association – Students name daily activities in rapid sequence
- Main Lesson: SB pp. 16-17 – Vocabulary: daily routines + frequency
- Homework: WB p. 14
- Extra Activity: Students draw a comic strip showing their day
- Cooler: Time challenge – match activity to clock

## Aula 6

- Chapter: Unit 2 – Daily Life
- Grammar: Present Simple – Affirmative + Time expressions
- Warmer: Mingle activity – Ask classmates what time they do daily routines
- Main Lesson: SB p. 18 – Telling time and describing routines
- Homework: WB p. 15
- Extra Activity: Slide – create and present a routine for a famous person
- Cooler: Charades with daily actions

## Aula 7

- Chapter: Unit 2 – Daily Life
- Grammar: Present Simple – Questions and Short Answers (Do/Does)
- Warmer: Role-play – “Morning news interview” about student routines
- Main Lesson: SB pp. 19-20 – Yes/No questions and Wh- questions
- Homework: WB p. 16
- Extra Activity: Grammar cards – form and answer questions in pairs
- Cooler: This or That – students choose between 2 habits (“Wake up at 6 or 10?”)

## Aula 8

- Chapter: Unit 2 – Daily Life
- Grammar: Present Simple – Third person (He/She)
- Warmer: Picture dictation – One student describes a routine, others draw
- Main Lesson: SB pp. 21-22 – Describing other people’s routines
- Homework: WB p. 17
- Extra Activity: Slide: “Guess who?” – classmates describe each other
- Cooler: Review game (Bingo with routines and pronouns)

# Mês 3 – Unidade 3: People Around the World

## Aula 9

- Chapter: Unit 3 – People Around the World
- Grammar: Simple Present – Third person (he/she/it) – Affirmative
- Warmer: Conversation board game – Practice third-person sentences
- Main Lesson: SB pp. 23-24 – Talking about someone’s routine and lifestyle
- Homework: WB p. 22
- Extra Activity: Students describe a celebrity’s daily routine
- Cooler: Whisper chain with third-person sentences

## Aula 10

- Chapter: Unit 3 – People Around the World
- Grammar: Simple Present – Third person – Negative
- Warmer: Alphabet relay – Vocabulary review with countries & verbs
- Main Lesson: SB pp. 25-26 – Negatives with “doesn’t”
- Homework: WB p. 23
- Extra Activity: Slide – correct the sentence (affirmative or negative)
- Cooler: Would you rather – with routines

## Aula 11

- Chapter: Unit 3 – People Around the World
- Grammar: Simple Present – Questions with “does”
- Warmer: Adjective charades – Describe people from around the world
- Main Lesson: SB pp. 27-28 – Yes/No and Wh- questions (Does she...?)
- Homework: WB p. 24
- Extra Activity: Pair interviews about someone else’s routine
- Cooler: “Who am I?” guessing game

## Aula 12

- Chapter: Unit 3 – People Around the World
- Grammar: Simple Present – Review (Affirmative, Negative, Questions – He/She)
- Warmer: Story cubes – Use verbs to create stories about different people
- Main Lesson: SB pp. 29-30 – Integrated practice and speaking
- Homework: WB p. 25
- Extra Activity: Video – “A day in the life of...” (short doc or vlog)
- Cooler: True or false quiz (students create the questions)

## Mês 4 – Unidade 4: Places

(Cobrindo SB pp. 31-38 em 4 aulas)

### Aula 13

- Chapter: Unit 4 - Places
- Grammar: There is / There are - Affirmative
- Warmer: Describe and draw - One student describes a place, another draws
- Main Lesson: SB pp. 31-32 - Describing a city or neighborhood
- Homework: WB p. 26
- Extra Activity: Slide - match photos to "there is/are" sentences
- Cooler: Quickfire: Name 3 things you'd find in a city

### Aula 14

- Chapter: Unit 4 - Places
- Grammar: There isn't / There aren't - Negative
- Warmer: Would you live here? - Students guess the city from clues
- Main Lesson: SB pp. 33-34 - Negative forms + vocabulary expansion
- Homework: WB p. 27
- Extra Activity: Design your ideal town poster (with "there is/there isn't")
- Cooler: Word association: places in a town

### Aula 15

- Chapter: Unit 4 - Places
- Grammar: Prepositions of place (next to, across from, between...)
- Warmer: Find it! - Hide a classroom object and describe its position
- Main Lesson: SB pp. 35-36 - Giving directions and describing location
- Homework: WB p. 28
- Extra Activity: Map activity - students give and follow directions
- Cooler: Simon says - prepositions edition

### Aula 16

- Chapter: Unit 4 - Places
- Grammar: Review of "there is/are" + Prepositions + Vocabulary
- Warmer: City quiz - Match famous places to countries
- Main Lesson: SB pp. 37-38 - Speaking and integrated practice
- Homework: WB p. 29
- Extra Activity: Slide with "wrong descriptions" - students correct them
- Cooler: 1-minute speech: describe a place you love

# Mês 5 – Unidade 5: At Home & Início da Unidade 6: Free Time

## Aula 17

- **Chapter:** Unit 5 – At Home
- **Grammar:** There is / There are – Review + Furniture Vocabulary
- **Warmer:** Memory match – Household items (use images or flashcards)
- **Main Lesson:** SB pp. 39-41 – Describing rooms and furniture
- **Homework:** WB p. 30
- **Extra Activity:** Slide – label a room and describe it
- **Cooler:** Find the object – describe, don't name it!

## Aula 18

- **Chapter:** Unit 5 – At Home
- **Grammar:** Prepositions of place (on, under, next to...)
- **Warmer:** Mini scavenger hunt – Where is it?
- **Main Lesson:** SB pp. 42-43 – Where things are in a room
- **Homework:** WB p. 31
- **Extra Activity:** Students describe their own room layout
- **Cooler:** Simon says – preposition edition

## Aula 19

- **Chapter:** Unit 5 – At Home
- **Grammar:** Imperatives (for instructions)
- **Warmer:** Command chain – Give and follow simple orders
- **Main Lesson:** SB pp. 44-45 – Giving instructions at home
- **Homework:** WB p. 32
- **Extra Activity:** Slide – students create a mini house rulebook
- **Cooler:** Draw your dream home and give 3 instructions

## Aula 20

- **Chapter:** Transition: End of Unit 5 & Start of Unit 6 – Free Time
- **Grammar:** Present Continuous – Affirmative
- **Warmer:** What are they doing? – Guess the mime
- **Main Lesson:** SB pp. 46-48 – Talking about activities happening now
- **Homework:** WB p. 33
- **Extra Activity:** Song – I'm Yours (Jason Mraz), identify present continuous
- **Cooler:** Students describe what others are doing on a slide/image

# Mês 6 – Continuação da Unidade 6: Free Time + Início da Unidade 7: Around Town

## Aula 21

- Chapter: Unit 6 – Free Time
- Grammar: Present Continuous – Negative and Questions
- Warmer: What’s not happening? – Students guess incorrect actions from miming
- Main Lesson: SB pp. 49-50 – Present Continuous: negatives and Wh-questions
- Homework: WB p. 34
- Extra Activity: Slide – build and correct present continuous questions
- Cooler: “Who’s doing what?” photo guessing game

## Aula 22

- Chapter: Unit 6 – Free Time
- Grammar: Present Simple vs. Present Continuous – contrast
- Warmer: Habit or Now? – Students stand up if sentence is about a habit
- Main Lesson: SB pp. 51-52 – Differentiating routines vs. now
- Homework: WB p. 35
- Extra Activity: Role-play: “Describe your weekend vs. what you’re doing now”
- Cooler: Speed round – students describe classmates’ current actions

## Aula 23

- Chapter: Unit 7 – Around Town
- Grammar: Can / Can’t for ability and permission
- Warmer: Yes you can! – Ask and answer about talents (Can you draw? etc.)
- Main Lesson: SB pp. 53-54 – Using can/can’t in everyday situations
- Homework: WB p. 36
- Extra Activity: Slide: match places in town with what you can do there
- Cooler: Mini-talent show – act or mime something they can do.

## Aula 24

- Chapter: Unit 7 – Around Town
- Grammar: Asking for and giving directions
- Warmer: Map warm-up – Describe route on a simple town map
- Main Lesson: SB pp. 55-56 – Prepositions and expressions for directions
- Homework: WB p. 37
- Extra Activity: Role-play – “Tourist asking for help”
- Cooler: Left or Right? – quick-response direction game

# Mês 7 – Final da Unidade 7: Around Town + Início da Unidade 8: Health & Lifestyle

## Aula 25

- **Chapter:** Unit 7 – Around Town
- **Grammar:** Asking for/Giving directions – continued + places vocabulary
- **Warmer:** Town riddle – Guess the place from clues
- **Main Lesson:** SB pp. 57-58 – Practice asking/giving directions with a partner
- **Homework:** WB p. 38
- **Extra Activity:** Slide with a map challenge (students guide each other)
- **Cooler:** Compass game (students give each other directions using “go left/go right”)

## Aula 26

- **Chapter:** Unit 7 – Review & Wrap-up
- **Grammar:** Can / Directions – integrated review
- **Warmer:** I spy in the city – Vocabulary-based city game
- **Main Lesson:** SB pp. 59-60 – Speaking activity & integrated practice
- **Homework:** WB p. 39
- **Extra Activity:** Create your ideal town – poster or slide
- **Cooler:** Exit quiz (true/false about the unit)

## Aula 27

- **Chapter:** Unit 8 – Health & Lifestyle
- **Grammar:** Should / Shouldn't for advice
- **Warmer:** Health survey – “Do you sleep 8h/day?” etc.
- **Main Lesson:** SB pp. 61-62 – Giving advice and expressing lifestyle habits
- **Homework:** WB p. 40
- **Extra Activity:** Slide: students match advice to habits
- **Cooler:** “Doctor says...” (variation of Simon Says)

## Aula 28

- **Chapter:** Unit 8 – Health & Lifestyle
- **Grammar:** Countable & Uncountable nouns – food & health vocabulary
- **Warmer:** Food category race – teams list foods under categories
- **Main Lesson:** SB pp. 63-64 – Some/Any, Much/Many
- **Homework:** WB p. 41
- **Extra Activity:** Song or video about food/lifestyle (e.g., nutrition facts)
- **Cooler:** What's in my fridge? game (students guess items)

# Mês 8 – Final da Unidade 8: Health & Lifestyle + Início da Unidade 9: Shopping

## Aula 29

- **Chapter:** Unit 8 – Health & Lifestyle
- **Grammar:** Quantifiers – Much / Many / A lot of
- **Warmer:** Health pyramid – Students classify foods as healthy/unhealthy
- **Main Lesson:** SB pp. 65–66 – Talking about quantity and diet habits
- **Homework:** WB p. 42
- **Extra Activity:** Slide – organize a grocery list by “much/many”
- **Cooler:** Would you rather (health version)

## Aula 30

- **Chapter:** Unit 8 – Review & Wrap-up
- **Grammar:** Should / Countables & Quantifiers – Review
- **Warmer:** Lifestyle poll – students move to sides of the room (agree/disagree)
- **Main Lesson:** SB pp. 67–68 – Speaking and review activities
- **Homework:** WB p. 43
- **Extra Activity:** Create a health tip poster
- **Cooler:** True or False quiz about healthy habits

## Aula 31

- **Chapter:** Unit 9 – Shopping
- **Grammar:** Comparative adjectives (smaller, more expensive...)
- **Warmer:** Shopping charades – mime items and others guess
- **Main Lesson:** SB pp. 69–70 – Comparing products and prices
- **Homework:** WB p. 44
- **Extra Activity:** Slide: complete comparisons between shops
- **Cooler:** What’s the best deal? quick-fire activity

## Aula 32

- **Chapter:** Unit 9 – Shopping
- **Grammar:** Comparative sentences + “than”
- **Warmer:** Price tag game – match item to the correct price
- **Main Lesson:** SB pp. 71–72 – Building comparison dialogues
- **Homework:** WB p. 45
- **Extra Activity:** Role-play – customer and shop assistant
- **Cooler:** Would you buy it? (funny items slideshow)

# Mês 9 – Final da Unidade 9: Shopping + Unidade 10: Going Out

## Aula 33

- **Chapter:** Unit 9 – Shopping
- **Grammar:** Superlative adjectives (the biggest, the best...)
- **Warmer:** What's the most...? – class poll (funniest, cheapest, etc.)
- **Main Lesson:** SB pp. 73-74 – Describing differences in a group
- **Homework:** WB p. 46
- **Extra Activity:** Slide – students create product ads using superlatives
- **Cooler:** Find someone who... (shopping habits)

## Aula 34

- **Chapter:** Unit 9 – Wrap-up & Check-up
- **Grammar:** Comparative + Superlative – Review
- **Warmer:** Guess the product – price and description clues
- **Main Lesson:** SB pp. 75-76 – Speaking and grammar practice
- **Homework:** WB p. 47
- **Extra Activity:** Role-play – product review vlog
- **Cooler:** Shopping category challenge

## Aula 35

- **Chapter:** Unit 10 – Going Out
- **Grammar:** Future with “going to” (plans)
- **Warmer:** Weekend planner – share your plans
- **Main Lesson:** SB pp. 77-78 – Talking about planned events
- **Homework:** WB p. 48
- **Extra Activity:** Slide – complete dialogues with “going to”
- **Cooler:** Would you go? activity (funny event posters)

## Aula 36

- **Chapter:** Unit 10 – Going Out
- **Grammar:** Invitations & responses (Would you like to...?)
- **Warmer:** Invitation mixer – invite classmates to fictional events
- **Main Lesson:** SB pp. 79-80 – Making and responding to invitations
- **Homework:** WB p. 49
- **Extra Activity:** Role-play: Planning an outing with a friend
- **Cooler:** Mini quiz – Accept or decline?

# Mês 10 – Final da Unidade 10: Going Out + Início da Unidade 11: Experiences

## Aula 37

- **Chapter:** Unit 10 – Going Out
- **Grammar:** Review of Future Forms (going to / Would you like to...?)
- **Warmer:** Weekend poll – “What are you going to do this weekend?”
- **Main Lesson:** SB pp. 81-82 – Review & conversation practice
- **Homework:** WB p. 50
- **Extra Activity:** Create a class event plan – students decide what, when, and where
- **Cooler:** Event memory chain – each student adds a sentence to a story.

## Aula 38

- **Chapter:** Unit 11 – Experiences
- **Grammar:** Present Perfect – “Have you ever...?”
- **Warmer:** Experience bingo – find people who’ve done things
- **Main Lesson:** SB pp. 83-84 – Using “have you ever” for personal questions
- **Homework:** WB p. 51
- **Extra Activity:** Classmate interview: “Find someone who has...”
- **Cooler:** Guess the experience – student reads a story, class guesses if true

## Aula 39

- **Chapter:** Unit 11 – Experiences
- **Grammar:** Present Perfect vs. Past Simple
- **Warmer:** Time travel warm-up – If you could visit any time, when?
- **Main Lesson:** SB pp. 85-86 – Past experiences with specific time references
- **Homework:** WB p. 52
- **Extra Activity:** Timeline activity – students place their personal events on a timeline
- **Cooler:** 2 truths, 1 lie – travel or life experiences

## Aula 40

- **Chapter:** Unit 11 – Experiences
- **Grammar:** Ever / Never – Questions & Answers
- **Warmer:** Never have I ever... – with gestures or signs
- **Main Lesson:** SB pp. 87-88 – Talking about unique or rare experiences
- **Homework:** WB p. 53
- **Extra Activity:** Map your experiences – students place flags on a world map
- **Cooler:** True or false – world experience facts quiz

# Mês 11 – Final da Unidade 11: Experiences + Unidade 12: Technology

## Aula 41

- **Chapter:** Unit 11 – Review & Speaking
- **Grammar:** Present Perfect Review
- **Warmer:** Global trivia – quiz with cultural and travel facts
- **Main Lesson:** SB pp. 89-90 – Speaking and integrated grammar practice
- **Homework:** WB p. 54
- **Extra Activity:** Role-play: “A trip I’ll never forget”
- **Cooler:** Cultural quick quiz – true/false game

## Aula 42

- **Chapter:** Unit 12 – Technology
- **Grammar:** Used to (past habits and routines)
- **Warmer:** Old tech game – name that object from the past
- **Main Lesson:** SB pp. 91-92 – Describing how things used to be
- **Homework:** WB p. 55
- **Extra Activity:** Compare the past and today – then/now chart
- **Cooler:** Tech timeline – students place inventions chronologically

## Aula 43

- **Chapter:** Unit 12 – Technology
- **Grammar:** Present Simple Passive
- **Warmer:** Invention guessing – “It is used for...”, others guess
- **Main Lesson:** SB pp. 93-94 – Passive voice in the present
- **Homework:** WB p. 56
- **Extra Activity:** Invent a gadget – students present to the class
- **Cooler:** Shark tank pitch – vote on most useful invention

## Aula 44

- **Chapter:** Unit 12 – Technology
- **Grammar:** Passive Voice – Review
- **Warmer:** Tech taboo – students describe without using key words
- **Main Lesson:** SB pp. 95-96 – Integrated grammar & vocabulary
- **Homework:** WB p. 57
- **Extra Activity:** Write simple instructions for a gadget
- **Cooler:** Mystery product – guess the object based on student clues

# Mês 12 – Final da Unidade 12: Technology + Unidade 13: The Environment

## Aula 45

- **Chapter:** Unit 12 – Review
- **Grammar:** Used to / Passive Voice – Review
- **Warmer:** Old vs. New – students compare old and current technology
- **Main Lesson:** SB pp. 97-98 – Speaking & writing integrated tasks
- **Homework:** WB p. 58
- **Extra Activity:** Design a smart object – describe how it's used
- **Cooler:** Tech lightning round – quick Q&A game

## Aula 46

- **Chapter:** Unit 13 – The Environment
- **Grammar:** Modal verbs: must, mustn't, should
- **Warmer:** Eco habits quiz – “How eco-friendly are you?”
- **Main Lesson:** SB pp. 99-100 – Environmental advice and rules
- **Homework:** WB p. 59
- **Extra Activity:** Create a sustainability poster or slogan
- **Cooler:** Green vocabulary game – match terms to images

## Aula 47

- **Chapter:** Unit 13 – The Environment
- **Grammar:** First Conditional
- **Warmer:** What if... – eco-scenario chain (If we recycle more, then...)
- **Main Lesson:** SB pp. 101-102 – Environmental causes and consequences
- **Homework:** WB p. 60
- **Extra Activity:** If-chain game – students build conditionals together
- **Cooler:** Word match – environment-related challenge

## Aula 48

- **Chapter:** Unit 13 – The Environment
- **Grammar:** Conditionals – Review
- **Warmer:** Problem/Solution brainstorm – common environmental issues
- **Main Lesson:** SB pp. 103-104 – Speaking and writing about solutions
- **Homework:** WB p. 61
- **Extra Activity:** Debate – “What's the most urgent global issue?”
- **Cooler:** Planet or plastic quiz

# Mês 13 – Final da Unidade 13: The Environment + Unidade 14: Final Review

## Aula 49

- **Chapter:** Unit 13 – Review
- **Grammar:** Modal Verbs & Conditionals – Review
- **Warmer:** Eco song warm-up – short lyric analysis or guessing
- **Main Lesson:** SB pp. 105-106 – Grammar + Speaking review
- **Homework:** WB p. 62
- **Extra Activity:** Slide – correct and rewrite environmental mistakes
- **Cooler:** Sustainable story – build a story using key vocabulary

## Aula 50

- **Chapter:** Unit 14 – Review Unit
- **Grammar:** General review – present, past, future, conditionals
- **Warmer:** Vocabulary hunt – timed challenge
- **Main Lesson:** SB pp. 107-108 – Mixed grammar & vocabulary revision
- **Homework:** WB p. 63
- **Extra Activity:** Slide – grammar challenge in teams
- **Cooler:** Whisper chain – pass a sentence through the group

## Aula 51

- **Chapter:** Unit 14 – Integrated Skills
- **Grammar:** Listening + Speaking Focus – All structures
- **Warmer:** Topic auction – students “bid” on themes to discuss
- **Main Lesson:** SB pp. 109-110 – Listening and role-play
- **Homework:** WB p. 64
- **Extra Activity:** Speaking wheel – random conversation topics
- **Cooler:** Quick debate – “This or that?” style topics

## Aula 52

- **Chapter:** Unit 14 – Integrated Skills
- **Grammar:** Speaking + fluency review
- **Warmer:** Memory chain – each student adds to a shared story
- **Main Lesson:** SB pp. 111-112 – Real-life situations & communication
- **Homework:** WB p. 65
- **Extra Activity:** Classmate interviews – rotating partners
- **Cooler:** “Most interesting thing I learned” share

# Mês 14 – Projeto Final & Encerramento

## Aula 53

- **Chapter:** Unit 14 – Wrap-up
- **Grammar:** All grammar points – full review
- **Warmer:** Review maze – navigate a path answering questions
- **Main Lesson:** SB pp. 113-114 – Review exercises and group tasks
- **Homework:** WB p. 66
- **Extra Activity:** Slide challenge – students solve grammar puzzles in teams
- **Cooler:** My top 3 takeaways – students share their highlights

## Aula 54

- **Chapter:** Final Project – Week 1
- **Grammar:** Integrated use of tenses, conditionals, modals, etc.
- **Warmer:** Class quiz tournament – group competition with Kahoot or slide
- **Main Lesson:** Review selected SB & WB content – key points for presentation
- **Homework:** WB Final Review or prepare a presentation
- **Extra Activity:** Prepare final group/individual presentations
- **Cooler:** Share a challenge you overcame during the course

## Aula 55

- **Chapter:** Final Project – Week 2
- **Grammar:** Oral expression and fluency
- **Warmer:** Review warm-up – “1-minute talk” on a surprise topic
- **Main Lesson:** Student presentations – prepared projects or role-plays
- **Homework:** –
- **Extra Activity:** Peer feedback (positive & constructive)
- **Cooler:** Vote for “best speaker”, “most improved”, “funniest moment”

## Aula 56

- **Chapter:** Wrap-up Class
- **Grammar:** –
- **Warmer:** Reflection round – students share favorite memories
- **Main Lesson:** Game day – class-wide review games (board, slide, trivia)
- **Homework:** –
- **Extra Activity:** Group photo, farewell messages
- **Cooler:** Goodbye circle – “One word for this course”

# London book - 1<sup>st</sup> month

## Aula 57

- **Chapter:** Lesson 01
- **Grammar:** Simple Present / Simple Past / Going to / Present Continuous
- **Warmer:** 2 Truths and a Lie - Students share 3 facts about themselves, one is false.
- **Main Lesson:** SB pp. 13-21 - Seasons, weather, likes, indirect object pronouns
- **Homework:** WB pp. 6-11
- **Extra Activity:** Interview a classmate: "What do you like to do in each season?"
- **Cooler:** Name & Gesture memory game

## Aula 58

- **Chapter:** Lesson 02
- **Grammar:** Countable / Non-countable Nouns + Much / Many
- **Warmer:** Food memory game (countables vs. non-countables)
- **Main Lesson:** SB pp. 22-29 - Food vocabulary, how much / how many, food preferences
- **Homework:** WB pp. 12-17
- **Extra Activity:** Create a food truck dialogue
- **Cooler:** Draw Your Fridge - students draw and label fridge items using much/many

## Aula 59

- **Chapter:** Lesson 03
- **Grammar:** Partitives / Imperatives / Metric vs. Imperial System
- **Warmer:** What's in the Bag? - Guess food quantities (e.g., a slice of...)
- **Main Lesson:** SB pp. 30-41 - Grocery shopping, flea market, restaurant role-play
- **Homework:** WB pp. 18-21
- **Extra Activity:** Restaurant role-play using a real or mock menu
- **Cooler:** Whisper Chain - food order game

## Aula 60

- **Chapter:** Lesson 04
- **Grammar:** Future with will, going to, may, might
- **Warmer:** Fortune Teller - students make future predictions
- **Main Lesson:** SB pp. 42-53 - Plans, predictions, future events
- **Homework:** WB pp. 24-27
- **Extra Activity:** Create a comic strip about your future weekend
- **Cooler:** Would You Rather...? future edition

# London book - 2<sup>nd</sup> month

## Aula 61

- **Chapter:** Unit 2 - Daily Life
- **Grammar:** Present Simple - Affirmative (I/You/We/They)
- **Warmer:** Word Association - Students name daily activities in rapid sequence
- **Main Lesson:** SB pp. 16-17 - Vocabulary: daily routines + frequency
- **Homework:** WB p. 14
- **Extra Activity:** Students draw a comic strip showing their day
- **Cooler:** Time challenge - match activity to clock

## Aula 62

- **Chapter:** Unit 2 - Daily Life
- **Grammar:** Present Simple - Affirmative + Time expressions
- **Warmer:** Mingle activity - Ask classmates what time they do daily routines
- **Main Lesson:** SB p. 18 - Telling time and describing routines
- **Homework:** WB p. 15
- **Extra Activity:** Slide - create and present a routine for a famous person
- **Cooler:** Charades with daily actions

## Aula 63

- **Chapter:** Unit 2 - Daily Life
- **Grammar:** Present Simple - Questions and Short Answers (Do/Does)
- **Warmer:** Role-play - "Morning news interview" about student routines
- **Main Lesson:** SB pp. 19-20 - Yes/No questions and Wh- questions
- **Homework:** WB p. 16
- **Extra Activity:** Grammar cards - form and answer questions in pairs
- **Cooler:** This or That - students choose between 2 habits ("Wake up at 6 or 10?")

## Aula 64

- **Chapter:** Unit 2 - Daily Life
- **Grammar:** Present Simple - Third person (He/She)
- **Warmer:** Picture dictation - One student describes a routine, others draw
- **Main Lesson:** SB pp. 21-22 - Describing other people's routines
- **Homework:** WB p. 17
- **Extra Activity:** Slide: "Guess who?" - classmates describe each other
- **Cooler:** Review game (Bingo with routines and pronouns)

# London book - 3<sup>rd</sup> month

## Aula 62

- Chapter: Unit 3 – People Around the World
- Grammar: Simple Present – Third person (he/she/it) – Affirmative
- Warmer: Conversation board game – Practice third-person sentences
- Main Lesson: SB pp. 23-24 – Talking about someone’s routine and lifestyle
- Homework: WB p. 22
- Extra Activity: Students describe a celebrity’s daily routine
- Cooler: Whisper chain with third-person sentences

## Aula 63

- Chapter: Unit 3 – People Around the World
- Grammar: Simple Present – Third person – Negative
- Warmer: Alphabet relay – Vocabulary review with countries & verbs
- Main Lesson: SB pp. 25-26 – Negatives with “doesn’t”
- Homework: WB p. 23
- Extra Activity: Slide – correct the sentence (affirmative or negative)
- Cooler: Would you rather – with routines

## Aula 64

- Chapter: Unit 3 – People Around the World
- Grammar: Simple Present – Questions with “does”
- Warmer: Adjective charades – Describe people from around the world
- Main Lesson: SB pp. 27-28 – Yes/No and Wh- questions (Does she...?)
- Homework: WB p. 24
- Extra Activity: Pair interviews about someone else’s routine
- Cooler: “Who am I?” guessing game

## Aula 65

- Chapter: Unit 3 – People Around the World
- Grammar: Simple Present – Review (Affirmative, Negative, Questions – He/She)
- Warmer: Story cubes – Use verbs to create stories about different people
- Main Lesson: SB pp. 29-30 – Integrated practice and speaking
- Homework: WB p. 25
- Extra Activity: Video – “A day in the life of...” (short doc or vlog)
- Cooler: True or false quiz (students create the questions)

# London book - 4<sup>th</sup> month

## Aula 66

- Chapter: Unit 4 - Places
- Grammar: There is / There are - Affirmative
- Warmer: Describe and draw - One student describes a place, another draws
- Main Lesson: SB pp. 31-32 - Describing a city or neighborhood
- Homework: WB p. 26
- Extra Activity: Slide - match photos to "there is/are" sentences
- Cooler: Quickfire: Name 3 things you'd find in a city

## Aula 67

- Chapter: Unit 4 - Places
- Grammar: There isn't / There aren't - Negative
- Warmer: Would you live here? - Students guess the city from clues
- Main Lesson: SB pp. 33-34 - Negative forms + vocabulary expansion
- Homework: WB p. 27
- Extra Activity: Design your ideal town poster (with "there is/there isn't")
- Cooler: Word association: places in a town

## Aula 68

- Chapter: Unit 4 - Places
- Grammar: Prepositions of place (next to, across from, between...)
- Warmer: Find it! - Hide a classroom object and describe its position
- Main Lesson: SB pp. 35-36 - Giving directions and describing location
- Homework: WB p. 28
- Extra Activity: Map activity - students give and follow directions
- Cooler: Simon says - prepositions edition

## Aula 69

- Chapter: Unit 4 - Places
- Grammar: Review of "there is/are" + Prepositions + Vocabulary
- Warmer: City quiz - Match famous places to countries
- Main Lesson: SB pp. 37-38 - Speaking and integrated practice
- Homework: WB p. 29
- Extra Activity: Slide with "wrong descriptions" - students correct them
- Cooler: 1-minute speech: describe a place you love

# London book - 5<sup>th</sup> month

## Aula 70

- **Chapter:** Unit 5 - At Home
- **Grammar:** There is / There are - Review + Furniture Vocabulary
- **Warmer:** Memory match - Household items (use images or flashcards)
- **Main Lesson:** SB pp. 39-41 - Describing rooms and furniture
- **Homework:** WB p. 30
- **Extra Activity:** Slide - label a room and describe it
- **Cooler:** Find the object - describe, don't name it!

## Aula 71

- **Chapter:** Unit 5 - At Home
- **Grammar:** Prepositions of place (on, under, next to...)
- **Warmer:** Mini scavenger hunt - Where is it?
- **Main Lesson:** SB pp. 42-43 - Where things are in a room
- **Homework:** WB p. 31
- **Extra Activity:** Students describe their own room layout
- **Cooler:** Simon says - preposition edition

## Aula 72

- **Chapter:** Unit 5 - At Home
- **Grammar:** Imperatives (for instructions)
- **Warmer:** Command chain - Give and follow simple orders
- **Main Lesson:** SB pp. 44-45 - Giving instructions at home
- **Homework:** WB p. 32
- **Extra Activity:** Slide - students create a mini house rulebook
- **Cooler:** Draw your dream home and give 3 instructions

## Aula 73

- **Chapter:** Transition: End of Unit 5 & Start of Unit 6 - Free Time
- **Grammar:** Present Continuous - Affirmative
- **Warmer:** What are they doing? - Guess the mime
- **Main Lesson:** SB pp. 46-48 - Talking about activities happening now
- **Homework:** WB p. 33
- **Extra Activity:** Song - I'm Yours (Jason Mraz), identify present continuous
- **Cooler:** Students describe what others are doing on a slide/image

# London book - 6<sup>th</sup> month

## Aula 74

- Chapter: Unit 6 – Free Time
- Grammar: Present Continuous – Negative and Questions
- Warmer: What’s not happening? – Students guess incorrect actions from miming
- Main Lesson: SB pp. 49-50 – Present Continuous: negatives and Wh- questions
- Homework: WB p. 34
- Extra Activity: Slide – build and correct present continuous questions
- Cooler: “Who’s doing what?” photo guessing game

## Aula 75

- Chapter: Unit 6 – Free Time
- Grammar: Present Simple vs. Present Continuous – contrast
- Warmer: Habit or Now? – Students stand up if sentence is about a habit
- Main Lesson: SB pp. 51-52 – Differentiating routines vs. now
- Homework: WB p. 35
- Extra Activity: Role-play: “Describe your weekend vs. what you’re doing now”
- Cooler: Speed round – students describe classmates’ current actions

## Aula 76

- Chapter: Unit 7 – Around Town
- Grammar: Can / Can’t for ability and permission
- Warmer: Yes you can! – Ask and answer about talents (Can you draw? etc.)
- Main Lesson: SB pp. 53-54 – Using can/can’t in everyday situations
- Homework: WB p. 36
- Extra Activity: Slide: match places in town with what you can do there
- Cooler: Mini-talent show – act or mime something they can do.

## Aula 77

- Chapter: Unit 7 – Around Town
- Grammar: Asking for and giving directions
- Warmer: Map warm-up – Describe route on a simple town map
- Main Lesson: SB pp. 55-56 – Prepositions and expressions for directions
- Homework: WB p. 37
- Extra Activity: Role-play – “Tourist asking for help”
- Cooler: Left or Right? – quick-response direction game

# London book - 7<sup>th</sup> month

## Aula 78

- **Chapter:** Unit 7 - Around Town
- **Grammar:** Asking for/Giving directions - continued + places vocabulary
- **Warmer:** Town riddle - Guess the place from clues
- **Main Lesson:** SB pp. 57-58 - Practice asking/giving directions with a partner
- **Homework:** WB p. 38
- **Extra Activity:** Slide with a map challenge (students guide each other)
- **Cooler:** Compass game (students give each other directions using "go left/go right")

## Aula 79

- **Chapter:** Unit 7 - Review & Wrap-up
- **Grammar:** Can / Directions - integrated review
- **Warmer:** I spy in the city - Vocabulary-based city game
- **Main Lesson:** SB pp. 59-60 - Speaking activity & integrated practice
- **Homework:** WB p. 39
- **Extra Activity:** Create your ideal town - poster or slide
- **Cooler:** Exit quiz (true/false about the unit)

## Aula 80

- **Chapter:** Unit 8 - Health & Lifestyle
- **Grammar:** Should / Shouldn't for advice
- **Warmer:** Health survey - "Do you sleep 8h/day?" etc.
- **Main Lesson:** SB pp. 61-62 - Giving advice and expressing lifestyle habits
- **Homework:** WB p. 40
- **Extra Activity:** Slide: students match advice to habits
- **Cooler:** "Doctor says..." (variation of Simon Says)

## Aula 81

- **Chapter:** Unit 8 - Health & Lifestyle
- **Grammar:** Countable & Uncountable nouns - food & health vocabulary
- **Warmer:** Food category race - teams list foods under categories
- **Main Lesson:** SB pp. 63-64 - Some/Any, Much/Many
- **Homework:** WB p. 41
- **Extra Activity:** Song or video about food/lifestyle (e.g., nutrition tips)
- **Cooler:** What's in my fridge? game (students guess items)

# London book - 8<sup>th</sup> month

## Aula 82

- **Chapter:** Unit 8 - Health & Lifestyle
- **Grammar:** Quantifiers - Much / Many / A lot of
- **Warmer:** Health pyramid - Students classify foods as healthy/unhealthy
- **Main Lesson:** SB pp. 65-66 - Talking about quantity and diet habits
- **Homework:** WB p. 42
- **Extra Activity:** Slide - organize a grocery list by "much/many"
- **Cooler:** Would you rather (health version)

## Aula 83

- **Chapter:** Unit 8 - Review & Wrap-up
- **Grammar:** Should / Countables & Quantifiers - Review
- **Warmer:** Lifestyle poll - students move to sides of the room (agree/disagree)
- **Main Lesson:** SB pp. 67-68 - Speaking and review activities
- **Homework:** WB p. 43
- **Extra Activity:** Create a health tip poster
- **Cooler:** True or False quiz about healthy habits

## Aula 84

- **Chapter:** Unit 9 - Shopping
- **Grammar:** Comparative adjectives (smaller, more expensive...)
- **Warmer:** Shopping charades - mime items and others guess
- **Main Lesson:** SB pp. 69-70 - Comparing products and prices
- **Homework:** WB p. 44
- **Extra Activity:** Slide: complete comparisons between shops
- **Cooler:** What's the best deal? quick-fire activity

## Aula 85

- **Chapter:** Unit 9 - Shopping
- **Grammar:** Comparative sentences + "than"
- **Warmer:** Price tag game - match item to the correct price
- **Main Lesson:** SB pp. 71-72 - Building comparison dialogues
- **Homework:** WB p. 45
- **Extra Activity:** Role-play - customer and shop assistant
- **Cooler:** Would you buy it? (funny items slideshow)

# London book - 9<sup>th</sup> month

## Aula 86

- **Chapter:** Unit 9 - Shopping
- **Grammar:** Superlative adjectives (the biggest, the best...)
- **Warmer:** What's the most...? - class poll (funniest, cheapest, etc.)
- **Main Lesson:** SB pp. 73-74 - Describing differences in a group
- **Homework:** WB p. 46
- **Extra Activity:** Slide - students create product ads using superlatives
- **Cooler:** Find someone who... (shopping habits)

## Aula 87

- **Chapter:** Unit 9 - Wrap-up & Check-up
- **Grammar:** Comparative + Superlative - Review
- **Warmer:** Guess the product - price and description clues
- **Main Lesson:** SB pp. 75-76 - Speaking and grammar practice
- **Homework:** WB p. 47
- **Extra Activity:** Role-play - product review vlog
- **Cooler:** Shopping category challenge

## Aula 88

- **Chapter:** Unit 10 - Going Out
- **Grammar:** Future with "going to" (plans)
- **Warmer:** Weekend planner - share your plans
- **Main Lesson:** SB pp. 77-78 - Talking about planned events
- **Homework:** WB p. 48
- **Extra Activity:** Slide - complete dialogues with "going to"
- **Cooler:** Would you go? activity (funny event posters)

## Aula 89

- **Chapter:** Unit 10 - Going Out
- **Grammar:** Invitations & responses (Would you like to...?)
- **Warmer:** Invitation mixer - invite classmates to fictional events
- **Main Lesson:** SB pp. 79-80 - Making and responding to invitations
- **Homework:** WB p. 49
- **Extra Activity:** Role-play: Planning an outing with a friend
- **Cooler:** Mini quiz - Accept or decline?

# London book - 10<sup>th</sup> month

## Aula 90

- **Chapter:** Unit 10 – Going Out
- **Grammar:** Review of Future Forms (going to / Would you like to...?)
- **Warmer:** Weekend poll – “What are you going to do this weekend?”
- **Main Lesson:** SB pp. 81-82 – Review & conversation practice
- **Homework:** WB p. 50
- **Extra Activity:** Create a class event plan – students decide what, when, and where
- **Cooler:** Event memory chain – each student adds a sentence to a story.

## Aula 91

- **Chapter:** Unit 11 – Experiences
- **Grammar:** Present Perfect – “Have you ever...?”
- **Warmer:** Experience bingo – find people who’ve done things
- **Main Lesson:** SB pp. 83-84 – Using “have you ever” for personal questions
- **Homework:** WB p. 51
- **Extra Activity:** Classmate interview: “Find someone who has...”
- **Cooler:** Guess the experience – student reads a story, class guesses if true

## Aula 92

- **Chapter:** Unit 11 – Experiences
- **Grammar:** Present Perfect vs. Past Simple
- **Warmer:** Time travel warm-up – If you could visit any time, when?
- **Main Lesson:** SB pp. 85-86 – Past experiences with specific time references
- **Homework:** WB p. 52
- **Extra Activity:** Timeline activity – students place their personal events on a timeline
- **Cooler:** 2 truths, 1 lie – travel or life experiences

## Aula 93

- **Chapter:** Unit 11 – Experiences
- **Grammar:** Ever / Never – Questions & Answers
- **Warmer:** Never have I ever... – with gestures or signs
- **Main Lesson:** SB pp. 87-88 – Talking about unique or rare experiences
- **Homework:** WB p. 53
- **Extra Activity:** Map your experiences – students place flags on a world map
- **Cooler:** True or false – world experience facts quiz

# London book - 11<sup>th</sup> month

Aula 94

- **Chapter:** Unit 11 – Review & Speaking
- **Grammar:** Present Perfect Review
- **Warmer:** Global trivia – quiz with cultural and travel facts
- **Main Lesson:** SB pp. 89-90 – Speaking and integrated grammar practice
- **Homework:** WB p. 54
- **Extra Activity:** Role-play: “A trip I’ll never forget”
- **Cooler:** Cultural quick quiz – true/false game

**After the 94<sup>th</sup> class, the revision of the book begins.**